

# Enhancing Problemsolving Skills in Mathematics Through Inquirybased Learning: A Case Study in High School Education

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Abstract. This study explores the effectiveness of inquirybased learning (IBL) in enhancing problemsolving skills among high school students in mathematics. The research is based on a case study conducted in a school where IBL methods were incorporated into the curriculum. The findings suggest that students engaged in inquirybased activities showed improved critical thinking and problemsolving abilities compared to traditional teaching methods. This paper discusses the impact of IBL on students' motivation and their ability to approach complex mathematical problems with greater confidence.

**Keywords:** Inquiry Based Learning, Problem Solving Skills, High School Education, Mathematics Education, Critical Thinking.

## 1. INTRODUCTION

InquiryBased Learning (IBL) has emerged as a transformative pedagogical approach in mathematics education, particularly in high school settings. IBL encourages students to engage actively with mathematical concepts through exploration, questioning, and problemsolving, rather than passively receiving information. According to a study by HmeloSilver (2004), IBL fosters deeper understanding and retention of knowledge by allowing students to construct their own learning experiences. In this case study, we examine the implementation of IBL in a high school mathematics curriculum and its effects on students' problemsolving skills.

The significance of enhancing problemsolving skills in mathematics cannot be overstated. Research indicates that strong problemsolving abilities are crucial for academic success and future career opportunities in STEM fields (National Research Council, 2001). In the context of high school education, where students are often preparing for standardized tests and college admissions, developing these skills is essential. By integrating IBL into the curriculum, educators aim to equip students with the necessary tools to tackle complex mathematical challenges confidently.

Data from the National Assessment of Educational Progress (NAEP) reveals a troubling trend: only 38% of high school students perform at or above the proficient level in mathematics (National Center for Education Statistics, 2019). This statistic underscores the urgent need for innovative teaching methods that can effectively engage students and enhance their problemsolving capabilities. Through this case study, we investigate how IBL can serve as a viable solution to improve mathematical proficiency among high school students.

Additionally, the role of motivation in learning mathematics cannot be overlooked. Research by Deci and Ryan (2000) highlights that intrinsic motivation significantly influences students' engagement and persistence in challenging tasks. IBL promotes a sense of ownership over the learning process, which can lead to increased motivation and a more positive attitude towards mathematics. This study aims to explore the connection between IBL, motivation, and problemsolving skills, providing insights into the broader implications for mathematics education.

In summary, this paper will delve into the implementation of IBL within a high school mathematics curriculum and its impact on students' problemsolving skills. By analyzing data collected from student assessments and surveys, we aim to provide a comprehensive understanding of the effectiveness of IBL in fostering critical thinking and enhancing mathematical proficiency.

#### 2. LITERATURE REVIEW

The theoretical foundation of InquiryBased Learning is rooted in constructivist theories of education, which emphasize the importance of active learning and student engagement. According to Piaget (1973), knowledge is constructed through interaction with the environment, and learners must be active participants in their own learning processes. IBL aligns with this perspective by encouraging students to ask questions, investigate, and draw conclusions based on their findings. This approach is particularly relevant in mathematics, where problemsolving often requires students to navigate complex concepts and apply them in various contexts.

Several studies have demonstrated the positive effects of IBL on student learning outcomes in mathematics. For instance, a metaanalysis by Freeman et al. (2014) found that active learning strategies, including IBL, significantly improve student performance in STEM disciplines compared to traditional lecturebased instruction. The analysis revealed that students in active learning environments scored, on average, 6% higher on exams and were 1.5 times less likely to fail a course than those taught through traditional methods. These findings provide compelling evidence for the effectiveness of IBL in enhancing problemsolving skills in mathematics.

Moreover, the impact of IBL on critical thinking skills has been welldocumented. A study conducted by Cavanagh (2011) highlighted that students engaged in inquirybased activities demonstrated greater critical thinking abilities, as evidenced by their performance on assessments requiring higherorder thinking skills. This is particularly important in mathematics, where problemsolving often involves analyzing complex problems, evaluating potential solutions, and making informed decisions. The ability to think critically is essential

for success in mathematics and other disciplines, making IBL an invaluable approach to education.

In addition to academic performance, IBL has been shown to influence students' attitudes towards mathematics. Research by Karp and Confrey (2006) indicates that students who participate in inquirybased learning experiences report higher levels of enjoyment and interest in mathematics. This increased motivation can lead to a greater willingness to engage with challenging mathematical problems and persist in finding solutions. By fostering a positive learning environment, IBL not only enhances problemsolving skills but also helps to cultivate a lifelong appreciation for mathematics.

In conclusion, the literature supports the notion that InquiryBased Learning is an effective pedagogical approach for enhancing problemsolving skills in mathematics. By promoting active engagement, critical thinking, and positive attitudes towards learning, IBL can significantly impact students' mathematical proficiency and overall academic success.

## **3. METHODOLOGY**

This case study employed a mixed approach to investigate the effectiveness of InquiryBased Learning in enhancing problemsolving skills among high school mathematics students. The study was conducted at a suburban high school with a diverse student population, where IBL methods were integrated into the mathematics curriculum over a full academic year. The research involved both quantitative and qualitative data collection to provide a comprehensive understanding of the impact of IBL on student learning outcomes.

Quantitative data were collected through pre and postassessments designed to measure students' problemsolving skills. The assessments included a variety of mathematical problems that required students to apply their knowledge and reasoning abilities. The results were analyzed using statistical methods to determine the significance of any improvements observed after the implementation of IBL. Additionally, student surveys were administered to gather information on their perceptions of the IBL approach, motivation levels, and confidence in solving mathematical problems.

Qualitative data were obtained through focus group interviews with students and teachers involved in the IBL curriculum. These interviews provided valuable insights into the experiences of students as they engaged with inquirybased activities. Thematic analysis was employed to identify common themes and patterns in the responses, allowing for a deeper understanding of how IBL influenced students' problemsolving abilities and attitudes towards mathematics.

The study also included classroom observations to assess the implementation of IBL strategies by teachers. Observations focused on the types of inquirybased activities used, the level of student engagement, and the interactions between students and teachers during the learning process. This qualitative data complemented the quantitative findings, providing a holistic view of the impact of IBL on students' mathematical learning experiences.

Ethical considerations were taken into account throughout the research process. Informed consent was obtained from all participants, and measures were implemented to ensure confidentiality and anonymity. The study adhered to ethical guidelines established by the institutional review board, ensuring that the rights and welfare of participants were protected.

#### 4. RESULTS

The findings of this study indicate a significant improvement in students' problemsolving skills following the implementation of InquiryBased Learning in the mathematics curriculum. Quantitative analysis of pre and postassessment scores revealed an average increase of 15% in students' problemsolving abilities, with a pvalue of less than 0.01, indicating statistical significance. This improvement suggests that students who engaged in inquirybased activities were better equipped to tackle complex mathematical problems compared to their performance prior to the intervention.

In addition to quantitative improvements, the qualitative data collected from student surveys and focus group interviews highlighted a positive shift in students' attitudes towards mathematics. Many students reported feeling more motivated and confident in their ability to solve mathematical problems after participating in inquirybased activities. For instance, one student remarked, "I used to dread math class, but now I look forward to solving problems because I know I can figure them out." This sentiment was echoed by several other participants, indicating that IBL not only enhanced their skills but also transformed their perceptions of mathematics.

The classroom observations further corroborated these findings, revealing a high level of student engagement during inquirybased activities. Students were observed collaborating in small groups, discussing strategies, and actively participating in the learning process. This collaborative environment fostered a sense of community and support among students, allowing them to learn from one another and approach problemsolving as a collective effort. Teachers noted that the shift towards IBL encouraged students to take ownership of their learning, leading to increased participation and enthusiasm in the classroom. Moreover, the results indicated that students who participated in IBL demonstrated improved critical thinking skills, as evidenced by their ability to analyze problems, evaluate solutions, and justify their reasoning. The focus group discussions revealed that students appreciated the opportunity to explore mathematical concepts in depth, which allowed them to develop a more nuanced understanding of the subject. One student stated, "I feel like I understand math better now because I can see how everything connects, instead of just memorizing formulas."

In summary, the results of this study provide compelling evidence for the effectiveness of InquiryBased Learning in enhancing problemsolving skills among high school mathematics students. The combination of quantitative and qualitative data highlights the positive impact of IBL on students' abilities, attitudes, and engagement in mathematics, suggesting that this approach could serve as a valuable strategy for educators seeking to improve mathematical proficiency.

## 5. DISCUSSION

The findings of this case study underscore the potential of InquiryBased Learning as an effective pedagogical approach for enhancing problemsolving skills in high school mathematics education. The significant improvement in students' problemsolving abilities, coupled with their increased motivation and confidence, highlights the importance of active engagement in the learning process. As noted by Bransford et al. (2000), effective learning environments foster deep understanding and the ability to transfer knowledge to new situations, both of which are critical components of successful problemsolving in mathematics.

One of the key implications of this study is the need for educators to reconsider traditional teaching methods that often prioritize rote memorization and passive learning. The results suggest that by incorporating IBL into the curriculum, teachers can create a more dynamic and interactive learning environment that encourages students to explore mathematical concepts in meaningful ways. This shift not only enhances problemsolving skills but also promotes critical thinking, creativity, and collaboration among students—skills that are increasingly important in today's complex and rapidly changing world (Partnership for 21st Century Skills, 2009).

Furthermore, the positive impact of IBL on students' attitudes towards mathematics is particularly noteworthy. Students who previously struggled with the subject reported feeling more engaged and motivated to learn, which can lead to increased persistence and academic success. This finding aligns with research by Patrick et al. (2007), which emphasizes the role of student motivation in achieving positive learning outcomes. By fostering a love for mathematics and a sense of ownership over their learning, IBL can help to mitigate the challenges often associated with mathematics anxiety and disengagement.

Another important consideration is the role of teacher professional development in successfully implementing IBL strategies. As educators transition from traditional teaching methods to inquirybased approaches, ongoing support and training are essential to ensure that they feel confident and competent in facilitating inquirybased activities. Research by Penuel et al. (2017) highlights the importance of providing teachers with the necessary resources and training to effectively implement innovative instructional strategies. By investing in teacher development, schools can create a supportive environment that promotes the successful integration of IBL into mathematics education.

In conclusion, this study contributes to the growing body of evidence supporting the effectiveness of InquiryBased Learning in enhancing problemsolving skills among high school students in mathematics. The findings suggest that IBL not only improves students' mathematical proficiency but also fosters a positive learning environment that encourages critical thinking and collaboration. As educators seek to prepare students for the challenges of the 21st century, adopting inquirybased approaches may be a crucial step towards achieving educational excellence in mathematics.

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